

Elementary Lunch \$2.50
Secondary Lunch \$2.75
Adult Lunch \$3.85
Milk \$0.40

August/September 2018 Emerson/Compass Breakfast/Lunch Menu Idaho Falls School District #91

Elementary Breakfast \$1.95
Secondary Breakfast \$1.95
Adult Breakfast \$2.65
Milk \$0.40

Breakfast will be served on a rotating schedule Monday thru Friday for those schools that serve breakfast

Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
Monday Breakfast Breakfast Burrito or Yogurt w/ Muffin or Waffle Sticks Fruit Granola Milk	Tuesday Breakfast Cereal w/Muffin or Egg/Sausage/Bagel or Jamwich Fruit Cheese Stick Milk	Wednesday Breakfast Cereal w/Muffin or Mini Cinnis or Breakfast Stick Fruit Juice Milk	Thursday Breakfast Cereal w/Muffin or Egg/Cheese/Sausage English Muffin or French Toast Sticks Fruit Cheese Stick Milk	Friday Breakfast Scrambled Eggs w/Muffin or Breakfast Pizza or Pop Tart Fruit Sausage Pattie Milk
<p>For a reimbursable meal Students must take 3 of 5 components 1 component must be fruit or vegetable</p> <p>If a student tray does not contain a reimbursable meal, Adult lunch or al a carte pricing will apply</p>	<p>For a reimbursable breakfast Students must take 3 of 4 items 1 item must be a fruit</p> <p>If a student tray does not contain a reimbursable meal, Adult breakfast or al a carte pricing will apply</p>	<p style="text-align: right;">Aug 29</p> <p>Mini Chimi <i>m/g</i> or Cheese Quesadilla <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Rice Krispy Treat <i>g</i> Milk</p>	<p style="text-align: right;">Aug 30</p> <p>Super Nachos <i>m/g</i> or Pizza Ripper <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Bear Graham <i>g</i> Milk</p>	<p style="text-align: right;">Aug. 31</p> <p>Domino's Pizza <i>m/g</i> or Chicken Burger <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Sidewinders <i>v</i> Milk</p>
<p style="text-align: right;">Sept. 3</p> <p>NO SCHOOL Labor Day</p> <p>Meat – m Grain – g Fruit – f Vegetable - v All grains are 50% whole grain item</p>	<p style="text-align: right;">Sept 4</p> <p>Spicy Chicken Burger <i>m/g</i> or Calzone <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Sherbet Milk</p>	<p style="text-align: right;">Sept 5</p> <p>Chicken Tenders w/Fries <i>m/g</i> or Hamburger <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Pork Beans <i>v</i> Milk</p>	<p style="text-align: right;">Sept 6</p> <p>Lasagna w/Breadstick <i>m/g</i> or Pizza Ripper <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Cookie <i>g</i> Milk</p>	<p style="text-align: right;">Sept 7</p> <p>Domino's Pizza <i>m/g</i> or Tangerine Chicken w/Rice & Breadstick <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Potato Wedges <i>v</i> Milk</p>
<p style="text-align: right;">Sept 10</p> <p>Chicken Nuggets <i>m/g</i> or Rib-e-Que <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Rice Krispy Treat <i>g</i> Milk</p>	<p style="text-align: right;">Sept 11</p> <p>Cheese Burger <i>m/g</i> or Pizza Pocket <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Cookie <i>g</i> Milk</p>	<p style="text-align: right;">Sept 12</p> <p>Papa Murphy's Pizza <i>m/g</i> or Mini Chimi <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Refried Beans <i>v</i> Milk</p>	<p style="text-align: right;">Sept 13</p> <p>Cheese Nachos <i>m/g</i> or Ham & Cheese Hoagie <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Cookie <i>g</i> Milk</p>	<p style="text-align: right;">Sept 14</p> <p>Domino's Pizza <i>m/g</i> or Chicken Drumstick w/Biscuit <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Sidewinders <i>v</i> Milk</p>
<p style="text-align: right;">Sept 17</p> <p>Mini Corn Dogs <i>m/g</i> or Burrito <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Mini Grahams <i>g</i> Milk</p>	<p style="text-align: right;">Sept 18</p> <p>Mini Chimi <i>m/g</i> or Calzone <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Cookie <i>g</i> Milk</p>	<p style="text-align: right;">Sept 19</p> <p>Chicken Burger <i>m/g</i> or Ham/Turkey/Cheese Hoagie <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Pork & Beans <i>v</i> Milk</p>	<p style="text-align: right;">Sept 20</p> <p>Cheese Ravioli w/Breadstick <i>m/g</i> or Pizza Pocket <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Cookie <i>g</i> Milk</p>	<p style="text-align: right;">Sept 21</p> <p>Domino's Pizza or Chicken Enchiladas <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Potato Wedges <i>v</i> Milk</p>
<p style="text-align: right;">Sept 24</p> <p>Chicken Nuggets <i>m/g</i> or Rib-e-Que <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Rice Krispy Treat <i>g</i> Milk</p>	<p style="text-align: right;">Sept 25</p> <p>Chicken Alfredo <i>m/g</i> or Calzone <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Monkey/Moose Bars Milk</p>	<p style="text-align: right;">Sept 26</p> <p>Mini Chimi <i>m/g</i> or Chicken/Cheese Quesadilla <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Refried Beans <i>v</i> Milk</p>	<p style="text-align: right;">Sept 27</p> <p>Super Nachos <i>m/g</i> or Toasted Ham & Cheese <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Cake <i>g</i> Milk</p>	<p style="text-align: right;">Sept 28</p> <p>Corn Dog <i>m/g</i> or Turkey Hoagie <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Sidewinders <i>v</i> Milk</p>

This institution is an equal opportunity provider