

Elementary Lunch \$2.50
Secondary Lunch \$2.75
Adult Lunch \$3.85
Milk \$0.40

February 2019 Compass/Emerson Breakfast/Lunch Menu Idaho Falls School District #91

Elementary Breakfast \$1.95
Secondary Breakfast \$1.95
Adult Breakfast \$2.65
Milk \$0.40

Breakfast will be served on a rotating schedule Monday thru Friday for those schools that serve breakfast

Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
Monday Breakfast Breakfast Burrito or Yogurt w/Muffin or Waffle Fruit Granola Milk	Tuesday Breakfast Cereal w/Muffin or Egg/Sausage/Bagel or Jamwich Fruit Cheese Stick Milk	Wednesday Breakfast Cereal w/Muffin or Mini Cinni or Breakfast Stick Fruit Juice Milk	Thursday Breakfast Cereal w/Muffin or Egg/Cheese/Sausage English Muffin or French Toast Sticks Fruit Cheese Stick Milk	Friday Breakfast Scrambled Eggs w/Muffin or Breakfast Pizza or Pop Tart Fruit Sausage Pattie Milk
For a reimbursable breakfast Students must take 3 of 4 items 1 item must be a fruit If a student tray does not contain a reimbursable meal, Adult breakfast or al a carte pricing will apply	For a reimbursable meal Students must take 3 of 5 components 1 component must be fruit or vegetable If a student tray does not contain a reimbursable meal, Adult lunch or al a carte pricing will apply	Meat – m Grain – g Fruit – f Vegetable - v All grains are 50% whole grain item		No High School
4 Chicken Nuggets <i>m/g</i> or Rib-E-que <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Rice Krispy Treat <i>g</i> Milk	5 Turkey Gravy w/Potatoes & Biscuit <i>m/g</i> or Calzone Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Homemade Cookie <i>g</i> Milk	6 Mini Chimi <i>m/g</i> or Papa Murphy's Pizza <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Refried Beans w/Chips <i>v</i> Milk	7 Super Nachos <i>m/g</i> or Pizza Rippers <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Cookie <i>g</i> Milk	8 Domino's Pizza <i>m/g</i> or Chicken/Cheese Quesadilla <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Sidewinders <i>v</i> Milk
11 Mini Corn Dogs <i>m/g</i> or Burrito <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Homemade Cookie <i>g</i> Milk	12 Spicy Chicken Burger <i>m/g</i> or Hot Dog <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Sherbet Milk	13 Chicken Tenders w/Fries & Breadstick <i>m/g</i> or Cheese Burger <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Baked Beans <i>v</i> Milk	14 Lasagna w/Breadstick <i>m/g</i> or Pizza Rippers <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Homemade Cookie <i>g</i> Milk	15 Domino's Pizza <i>m/g</i> or Popcorn Chicken w/Breadstick <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Potato Wedges <i>v</i> Milk
18 No School	19 Mini Chimi <i>m/g</i> or Pizza Pocket <i>m/g/v</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Chortles Milk	20 Chicken Tenders w/Fries & Breadstick <i>m/g</i> or Papa Murphy's Pizza <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Homemade Cookie <i>g</i> Milk	21 Chicken Parmesan w/Garlic Breadstick <i>m/g</i> or Pizza Rippers <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Chocolate Cake <i>g</i> Milk	22 Domino's Pizza <i>m/g</i> or Corn Dog <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Sidewinders <i>v</i> Milk
25 Chicken Nuggets <i>m/g</i> or Rib-E-Que <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Rice Krispy Treat <i>g</i> Milk	26 Mini Chimi <i>m/g</i> or BBQ Pork Sandwich <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Homemade Cookie <i>g</i> Milk	27 Chicken Burger <i>m/g</i> or Fish Sticks <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Pork & Beans <i>v</i> Milk	28 Super Nachos <i>m/g</i> or Pizza Rippers <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Cupcake <i>g</i> Milk	

This institution is an equal opportunity provider