

Elementary Lunch \$2.50
Secondary Lunch \$2.75
Adult Lunch \$3.85
Milk \$0.40

November 2018 High School Breakfast/Lunch Menu Idaho Falls School District #91

Elementary Breakfast \$1.95
Secondary Breakfast \$1.95
Adult Breakfast \$2.65
Milk \$0.40

Breakfast will be served on a rotating schedule Monday thru Friday for those schools that serve breakfast

Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
Monday Breakfast Breakfast Burrito or Yogurt w/Muffin or Waffle Fruit Granola Milk	Tuesday Breakfast Cereal w/Muffin or Egg/Sausage/Bagel or Jamwich Fruit Cheese Stick Milk	Wednesday Breakfast Cereal w/Muffin or Mini Cinnis or Breakfast Stick Fruit Juice Milk	Thursday Breakfast Cereal w/Muffin or Egg/Cheese/Sausage English Muffin or French Toast Sticks Fruit Cheese Stick Milk	Friday Breakfast Scrambled Eggs w/Muffin or Breakfast Pizza or Pop Tart Fruit Sausage Pattie Milk
Meat – m Grain – g Fruit – f Vegetable - v All grains are 50% whole grain item	For a reimbursable breakfast Students must take 3 of 4 items 1 item must be a fruit If a student tray does not contain a reimbursable meal, Adult breakfast or al a carte pricing will apply	For a reimbursable meal Students must take 3 of 5 components 1 component must be fruit or vegetable If a student tray does not contain a reimbursable meal, Adult lunch or al a carte pricing will apply	Spaghetti w/Garlic Toast <i>m/g</i> or Toasted Cheese Sandwich <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Cupcake <i>g</i> Milk	Cheese Burger <i>m/g</i> or Chicken Enchiladas <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Potato Wedges <i>v</i> Milk
5	6	7	8	9
Chicken Nuggets <i>m/g</i> or Rib-E-Que <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Rice Krispy Treat <i>g</i> Milk	Spicy Chicken Burger <i>m/g</i> or Hot Dog <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Cookie <i>g</i> Milk	Mini Chimi <i>m/g</i> or Cheese Quesadilla <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Baked Beans <i>v</i> Milk	Thanksgiving Dinner Turkey Fricassee w/Potatoes <i>m/v</i> or Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Biscuit <i>g</i> Pumpkin Custard w/Topping Milk	Chicken Burger <i>m/g</i> or Turkey Hoagie <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Sidewinders <i>v</i> Milk
12	13	14	15	16
Mini Corn Dogs <i>m/g</i> or Burrito <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Chortles <i>g</i> Milk	Shredded Chicken Burrito w/Cilantro Lime Rice <i>m/g</i> or Turkey Gravy w/Potatoes & Biscuit <i>m/g/v</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Cookie <i>g</i> Milk	Hamburger <i>m/g</i> or Tangerine Chicken w/Rice & Breadstick <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Pork & Beans <i>v</i> Milk	Popcorn Chicken <i>m/g</i> or Meatball Sub <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Cookie <i>g</i> Milk	Corn Dog <i>m/g</i> or Turkey Hoagie <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Potato Wedges <i>v</i> Milk
NO SCHOOL NOVEMBER 19-23 THANKSGIVING HOLIDAY				<i>This institution is an equal opportunity provider</i>
26	27	28	29	30
Chicken Nuggets <i>m/g</i> or Rib-E-Que <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Rice Krispy Treat <i>g</i> Milk	Pizza Pocket <i>m/g</i> or Cheese Burger <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Sherbet Milk	Mini Chimi <i>m/g</i> or Chicken/Cheese Quesadilla <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Baked Beans <i>v</i> Milk	Parmesan Chicken w/Garlic Breadstick <i>m/g</i> or Cheese Nachos <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Bear Graham <i>g</i> Milk	Corn Dog <i>m/g</i> or Ham & Cheese Sandwich <i>m/g</i> Fresh Fruit <i>f</i> Fresh Vegetables <i>v</i> Sidewinders <i>v</i> Milk

"Go on-line to www.ifschools.org: you can make payments with e-funds, submit free & reduced priced school meal applications, and lunch balances are now available in PowerSchool"

Child Nutrition employment available during school hours. Please apply at d91.k12.id.us