

Elementary Lunch \$2.50
Secondary Lunch \$2.75
Adult Lunch \$3.85
Milk \$0.40

August/September 2018 Middle School Breakfast/Lunch Menu Idaho Falls School District #91

Elementary Breakfast \$1.95
Secondary Breakfast \$1.95
Adult Breakfast \$2.65
Milk \$0.40

Breakfast will be served on a rotating schedule Monday thru Friday for those schools that serve breakfast

Menu subject to change

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| Monday Breakfast Breakfast Burrito or Yogurt w/ Muffin or Waffle Fruit Granola Milk | Tuesday Breakfast Cereal w/Muffin or Egg/Sausage/Bagel or Jamwich Fruit Cheese Stick Milk | Wednesday Breakfast Cereal w/Muffin or Mini Cinnis or Breakfast Stick Fruit Juice Milk | Thursday Breakfast Cereal w/Muffin or Egg/Cheese/Sausage English Muffin or French Toast Sticks Fruit Cheese Stick Milk | Friday Breakfast Scrambled Eggs w/Muffin or Breakfast Pizza or Pop Tart Fruit Sausage Pattie Milk |
| For a reimbursable meal Students must take 3 of 5 components 1 component must be fruit or vegetable If a student tray does not contain a reimbursable meal, Adult lunch or al a carte pricing will apply | For a reimbursable breakfast Students must take 3 of 4 items 1 item must be a fruit If a student tray does not contain a reimbursable meal, Adult breakfast or al a carte pricing will apply | Aug 29 Mini Chimi <i>m/g</i> or Cheese Quesadilla <i>m/g</i> Pineapple <i>f</i> Green Beans <i>v</i> Rice Krispy Treat <i>g</i> Milk | Aug 30 Super Nachos <i>m/g</i> or Toasted Ham & Cheese <i>m/g</i> Fresh Fruit <i>f</i> Corn <i>v</i> Bear Graham <i>g</i> Milk | Aug 31 Chicken Burger <i>m/g</i> or Turkey Hoagie <i>m/g</i> Fruit Cup <i>f</i> Carrots <i>v</i> Baby Bakers <i>v</i> Milk |
| Sept. 3 NO SCHOOL Labor Day Meat – m Grain – g Fruit – f Vegetable - v All grains are 50% whole grain item | Sept 4 Spicy Chicken Burger <i>m/g</i> or Hot Dog <i>m/g</i> Applesauce <i>f</i> Green Beans <i>v</i> Sherbet Milk | Sept 5 Hamburger <i>m/g</i> or Tangerine Chicken w/Rice & Breadstick <i>m/g</i> Mandarin Oranges <i>f</i> Peas <i>v</i> Cookie <i>g</i> Milk | Sept 6 Lasagna <i>m/g</i> or Charleston Chicken Wrap <i>m/g</i> Fresh Fruit <i>f</i> Carrots <i>v</i> Roll <i>g</i> Milk | Sept 7 Popcorn Chicken <i>m/g</i> or Meatball Sub <i>m/g</i> Fruit Cup <i>f</i> Broccoli <i>v</i> Fries <i>v</i> Milk |
| Sept 10 Chicken Nuggets <i>m/g</i> or Rib-e-Que <i>m/g</i> Peaches <i>f</i> Green Beans <i>v</i> Rice Krispy Treat <i>g</i> Milk | Sept 11 Pizza Pocket <i>m/g</i> or Cheese Burger <i>m/g</i> Pears <i>f</i> Fresh Broccoli <i>v</i> Cookie <i>g</i> Milk | Sept 12 Mini Chimi <i>m/g</i> or Chicken/Cheese Quesadilla <i>m/g</i> Pears <i>f</i> Carrots <i>v</i> Refried Beans <i>v</i> Milk | Sept 13 Chicken Parmesan w/Breadstick <i>m/g</i> or Cheese Nachos <i>m/g</i> Fresh Fruit <i>f</i> Peas <i>v</i> Cookie <i>g</i> Milk | Sept 14 Chicken Drumstick w/Biscuit <i>m/g</i> or Ham Hoagie <i>m/g</i> Fruit Cup <i>f</i> Corn <i>v</i> Mashed Potatoes w/Gravy <i>v</i> Milk |
| Sept 17 Mini Corn Dogs <i>m/g</i> or Burrito <i>m/g</i> Fruit Mix <i>f</i> Peas <i>v</i> Chortles <i>g</i> Milk | Sept 18 Hamburger Gravy w/Potatoes & Biscuit <i>m/g</i> or BBQ Pork Sandwich <i>m/g</i> Pears <i>f</i> Fresh Broccoli <i>v</i> Cookie <i>g</i> Milk | Sept 19 Chicken Burger <i>m/g</i> or Fish Sticks <i>m/g</i> Applesauce <i>f</i> Carrots <i>v</i> Pork & Beans <i>v</i> Milk | Sept 20 Cheese Ravioli <i>m/g</i> or Pizza Pocket <i>m/g</i> Fresh Fruit <i>f</i> Corn <i>v</i> Cookie <i>g</i> Milk | Sept 21 Cheese Burger or Chicken Enchiladas <i>m/g</i> Peaches <i>f</i> Green Beans <i>v</i> Potato Wedges <i>v</i> Milk |
| Sept 24 Chicken Nuggets <i>m/g</i> or Rib-e-Que <i>m/g</i> Applesauce <i>f</i> Carrots <i>v</i> Rice Krispy Treat <i>g</i> Milk | Sept 25 Chicken Alfredo <i>m/g</i> or French Dip <i>m/g</i> Mandarin Oranges <i>f</i> Corn <i>v</i> Monkey/Moose Bar Milk | Sept 26 Mini Chimi <i>m/g</i> or Chicken/Cheese Quesadilla <i>m/g</i> Pears <i>f</i> Broccoli <i>v</i> Refried Beans <i>v</i> Milk | Sept 27 Spaghetti w/Garlic Toast <i>m/g</i> or Toasted Cheese Sandwich <i>m/g</i> Fresh Fruit <i>f</i> Green Beans <i>v</i> Cake <i>g</i> Milk | Sept 28 Corn Dog <i>m/g</i> or Turkey Sandwich <i>m/g</i> Fruit Cup <i>f</i> Carrot Sticks <i>v</i> Raisels Milk |

This institution is an equal opportunity provider